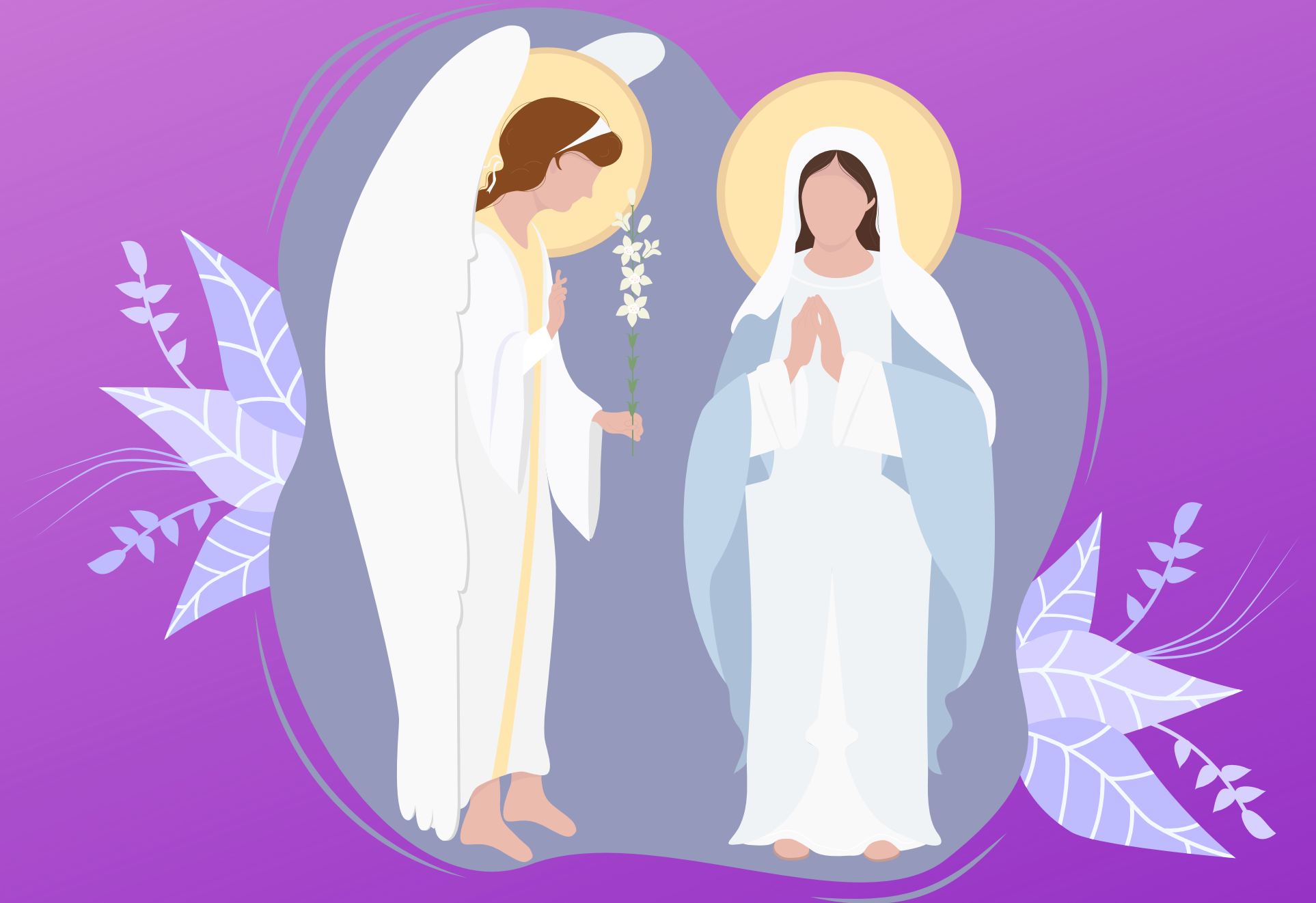


Advent

A Time to Prepare our Hearts

"Blessed are the
Pure in Heart,
they Shall see
God."





...is the time set aside by the Church to prepare for the coming of Jesus at Christmas, into our hearts, into our lives and into the world.

Advent - A Time to Prepare our Hearts

The word 'Advent' means 'coming' or 'arrival'

It is the name we give to the time when we prepare for Christmas. The focus of the entire season is the celebration of the birth of Jesus the Christ in his First Advent, and the anticipation of the return of Christ the King in his Second Advent.

Advent also symbolises the spiritual journey of Christians as they affirm that for them Christ has come, that He is present in the world today, and that He will come again in glory.



Advent - A Time to Prepare our Hearts



God looks into the heart
of each one of us.

What will God see this
Advent?

Advent - A Time to Prepare our Hearts



How can we become
pure in heart and be
more ready to
welcome Jesus at
Christmas?



"Blessed are the Pure in Heart, they Shall
see God."

Advent - A Time to Prepare our Hearts

Let us look to Mary



A pure heart lives in the
presence of the Lord,
preserving in the heart what
is worthy of the relationship
with Him. (Pope Francis)

Advent -A Time to Prepare our Hearts



"May the maternal gaze of the Blessed Virgin Mary, full of grace, all-beautiful and all-pure, accompany us at every step along the way." (Pope Francis)

Advent - A Time to Prepare our Hearts

Mary trusted
God

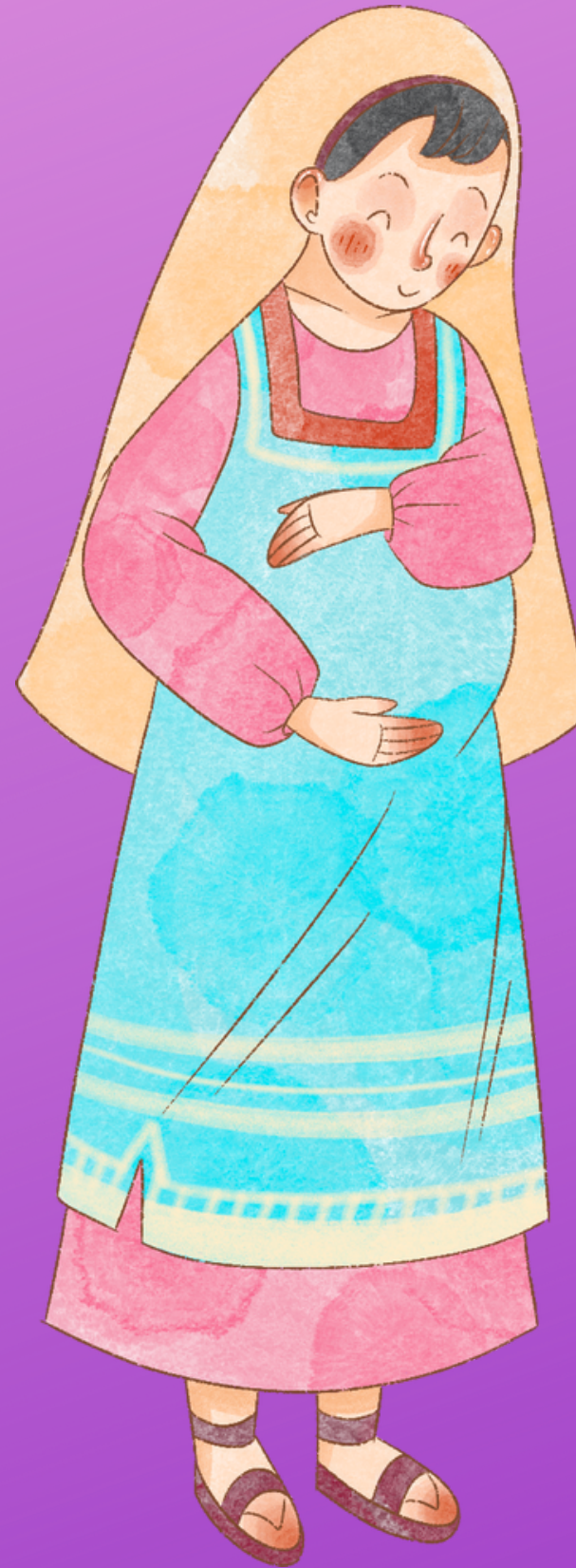
Mary talked
to God

Mary did not
look for
attention

Mary
listened to
God

Mary looked
to serve
others

Mary was
humble



Advent -A Time to Prepare our Hearts

Trust
God



Talk
to
God

Don't Look
for
Attention



*We
Can*

Listen
to
God



Serve
Others



Be
Humble

How can we become pure in heart
and be more ready to
welcome Jesus at Christmas?

Advent -A Time to Prepare our Hearts



Place an Advent Wreath in
your Sacred Space at Home

Light the Candles each week

PRAY - TALK to **GOD** &
LISTEN to **GOD** in your **HEART**

Advent -A Time to Prepare our Hearts



Spirit Filled Acts of Kindness

Advent -A Time to Prepare our Hearts

Put Jesus at the Centre of Your Life

Do things out of love
for Jesus-
not expecting praise,
thanks or to
seek attention!



Be grateful for good
days and difficult days!



Trust in God! God has
a perfect plan for
your life!



Pray this simple
prayer each day-
Lord, I am yours, do
with me what you will.

Blessed are the Pure in Heart-they shall see God!

Advent -A Time to Prepare our Hearts

The son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your son.'



But the father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. For this son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate.

PREPARE your HEART for CHRISTMAS
CELEBRATE the SACRAMENT of CONFESSION

Advent -A Time to Prepare our Hearts

JOIN with your PARISH to CELEBRATE ADVENT

You are an important member of your parish community

Throughout Advent parishes will have different ways of celebrating-Masses/Prayer Liturgies/Sacred Spaces/Confession- It would be lovely if you could join with your parish for this time of preparation for Christmas

Check out your parish events through their website/social media pages and through the Diocese of Derry website/social media pages
<https://www.derrydiocese.org/>





The Gate Lodge, 2 Francis Street, Derry, BT48 7DS

Tel: +4428 71264087 Email ddcc@derrydiocese.org

www.catecheticalcentre.org www.jp2award.com

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