

Active Travel Poem

Why not write your own active travel poem – here's one to get you started.

When travelling to school
It would be really cool
If you don't have to go too far
Why not leave the car?
Don't stay on your computer
Get out on your scooter!

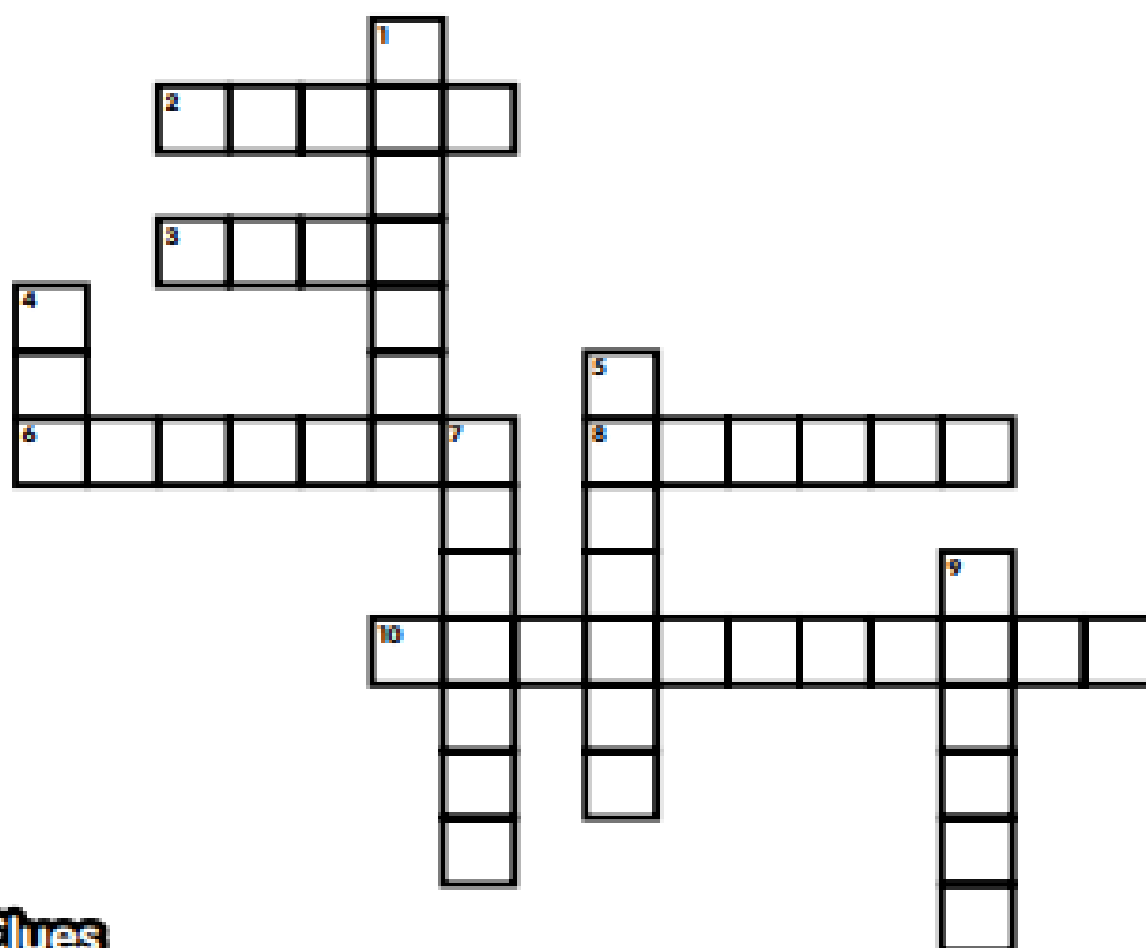
You could try to fit the following words into your poem:

Bike	Walk	Cycle	Active
Alert	Car	Fit	Healthy



Be active, help the environment

How much do you know about staying active and caring for the environment?
See if you can complete the crossword using the clues below.



Clues

Across:

- 2: Runs on a track _____
- 3: It's good to _____
in a safe place
- 6: Smaller than a bicycle,
has no pedals _____
- 8: When we move around
we are keeping _____
- 10: Our surroundings

Down:

- 1: 2 wheels & pedals

- 4: A form of public transport

- 5: Opposite to running

- 7: Another word for jogging

- 9: Something you wear on your
head while cycling _____